

*Some of the below therapists might not be accepting new clients. Check [this](#) website for an updated list of current practicing therapists in our area and their availability

Mental Health Therapists for Children & Adolescents in Washington County	
Campbell Counseling & Consulting Kauren Campbell, LCSW <i>Aetna, BCBS, SelectHealth, and PEHP</i> (435)767-7718	Cleola Bess, MSW, LCSW http://www.sandscounseling.org/ (435) 574-9715
The Lotus Group Counseling Julie Bleak, MFTI <i>Selecthealth, PEHP, EMI</i> (435) 986-0522	Amy Engle Brotherson, LCSW https://www.psychologytoday.com/us/therapists/amy-engle-brotherson-saint-george-ut/419250 (435) 236-3960
Amy Cluff, LCSW http://www.alliantcounseling.com/ Phone: (435) 688-2123 Text: (435) 319-0804	Red Rock Pediatrics Matthew Mackay, PsyD (435) 251-2740
Brayden Sloan, CMHC <i>Selecthealth, BCBS, PEHP, EMI, UHC, UMR</i> (406) 404-6544	Southern Utah Family Counseling Fred Brewer, LCSW <i>BCBS-Regence, United Healthcare & related entities (UBH), Cigna, EMI, Tricare West</i> (435) 319-0236
Angela Hinton, LMHC https://www.hintoncounseling.com/ <i>PEHP, Medicaid, BCBS, Vocational Rehabilitation</i> (435)767-1072	Authentic Hearts Counseling Melyssa Myers, LMFT (435)229-7875
Ally Holt, CSW, EMDR http://therapyassociates.net/ (435) 862 - 8273	Intermountain Psychiatry & Counseling https://intermountainhealthcare.org/locations/st-george-psychiatry-counseling/ (435) 251-5900
Marteen Jensen, CMHC https://www.psychologytoday.com/us/therapists/marteen-jensen-saint-george-ut/434262 (435) 236-3579	Danielle Johnston, MSW, LCSW https://www.psychologytoday.com/us/therapists/danielle-johnston-saint-george-ut/318453 (435) 241-3598
LifeLaunch Centers https://www.lifelaunchcenters.com/ (435) 767-0552	LDS Family Services (Must be referred by LDS ecclesiastical leader) https://providentliving.churchofjesuschrist.org/lds-family-services?lang=eng (435) 673-6446

Mary Campbell, MSW LCSW https://www.psychologytoday.com/us/therapists/mary-campbell-saint-george-ut/86370 (435) 246-1558	Malia McDermott, AMFT https://integratedcounselingandwellness.com/locations/counseling-st-george/ (435) 688-1111
Aubree Sullivan, LCSW https://www.psychologytoday.com/us/therapists/aubree-sullivan-saint-george-ut/771300 (435) 291-7258	Kade Mathews, MSW, LCSW https://www.psychologytoday.com/us/therapists/kade-mathews-saint-george-ut/286770 (435) 241-1107
Enlightened Counseling https://www.enlightenedcounselingservices.com/about (435) 359-2404	Breakthrough Therapy Logan Bleazard, LCSW https://www.breakthroughtherapyllc.com/ (435) 414-8658
St George Children & Family Psychiatric Center (435) 652-1897	Philip Wintch, LCSW https://www.hilltopcounselingservices.com/ (520) 647-1743
Jenn Shepherd, MSWI <i>EMI, private pay, sliding scale if qualified</i> (435)429-1055	Trauma Treatment & Counseling https://www.traumatreatmentandcounseling.com/ (435) 817-9026

Free or Low-cost Counseling Based on Family Income and/or No Insurance

Children's Justice Center https://cjcwc.com/ (435) 634-1134 For children who have been victims or witnesses of abuse. Contact school counselor for referral.	Doctor's Volunteer Clinic http://www.doctorsvolunteerclinic.org/ (435) 656-0022
Dove Center https://www.dovecenter.org/ Counseling Center: 435-628-1204 24 Hour Crisis Line: 435-628-0458	Family Healthcare https://familyhc.org/st-george-clinic/ (435) 986-2565
Four Points Health https://www.fourpointshealth.org/ (435) 688-7572	Southwest Behavioral Health http://www.sbhc.us/ (435) 634-5600

AUTISM SERVICES

*Please note: A great place to start for any autism diagnosis is your pediatrician. They can provide referrals which some of the below services require.

Utah Behavior Services https://utahbehaviorservices.com/ (801) 255-5131 (ext. 4)	Crimson Counseling https://crimsoncounseling.net/ (435) 705-7574
ABS Kids https://www.abskids.com/locations/st-george/	Summit Behavior Services https://summitbehaviorservicesutah.weebly.com/
Autism Therapy Services https://autismtherapyservices.com/services	Southern Utah Autism Support Group Facebook https://www.facebook.com/groups/SouthernUtahAutismSupportGroupCommunityDiscussions

Disclaimer: Washington County School District does not endorse specific therapists/services. This list is not inclusive of all therapy services offered in the county. It is meant to provide options for families to personally choose therapists that work best for them.