

XOXO

# Counselor Newsletter



February 2023

Friends **DO** help each other. Friends **DON'T** take without asking.



## FRIENDSHIPS

Building and maintaining friendships is a lifelong skill that helps students in all areas of their lives!

My focus this month is on helping students understand what healthy friendships look like, and how to determine when behavior crosses a friendship boundary (and what they can do about it).

## LESSONS

**Grades 1 & 2:** Friendship Do's and Don'ts

**Grades 3-5:** Friendship Boundaries

**Kindergarten:** Lessons can be found [here](#)

## FRIENDSHIP BOOKS

[Making Friends is an Art](#)

[Meesha Makes Friends](#)

[All About Friends](#)

[Little Blue & Little Yellow](#)

[Enemy Pie](#)

Friendship Boundaries: Are you joking? Is it fun or is it mean?

